# **EASTERN REGION GIRLS BY-LAWS**

These guidelines relate to specific scenarios unique to the Eastern Region Girls competition. If there is no guideline listed on an occasion, all teams operate under the rules and by-laws of their home competition.

**Girls**

Under 10 Sherrin – Size 3 (Synthetic)

Under 12 Sherrin – Size 3 (Synthetic)

Under 14 Sherrin - Size 3 (Leather)

Under 16 Sherrin – Size 4 (Leather)

Under 18 Sherrin – Size 4 (Leather)

All footballs used must have league approved sponsors logo.

In age groups (under 10 - 12) two synthetic footballs in good condition must be supplied. In the age groups (Under 14 -18) two approved red or yellow leather footballs in good condition must be supplied.

**Preferred Starting times;**

Under 10/12 10.05 am

Under 14 11.25 am

Under 16 12.55 pm

Under 18 2.45 pm

**Game Duration**

Under 10/12 Quarter: 4x10 mins Breaks 3-5-3

Under 14 Quarter: 4x15 mins Breaks: 5-10-5

Under 16/18 Quarter: 4x17 mins Breaks: 5-10-5

**1. PLAYERS AGE**

To be eligible to play in the Eastern Region Girls Competition, players must fall in the following age brackets:

Under 10: January 1st, 2008 – December 31st, 2010

Under 12: January 1st, 2006 – December 31st, 2007

Under 14: January 1st, 2004 – December 31st, 2005

Under 16: January 1st, 2002 – December 31st, 2003

Under 18: January 1st, 2000 – December 31st, 2001

1.2 Players may play out of their registered age group. However, no player may:  
 - Play more than two years above her registered age ground

**2. PLAYING NUMBERS**

To constitute a game, a team must start the game with the at least the minimum number of players. Failure to do so will see the team forfeit the game.

|  |  |  |
| --- | --- | --- |
| **Age Group** | **Minimum Numbers** | **Maximum playing numbers (on ground)** |
| Under 10 | 12 | 16 |
| Under 12 | 12 | 16 |
| Under 14 | 14 | 18 |
| Under 16 | 14 | 18 |
| Under 18 | 14 | 18 |

Where a team has less than the maximum number of players permitted on the ground, the opposition can offer players to even number numbers on field.

Where this offer is made it cannot be refused by the team with less numbers.

2.3 Should the team with lesser numbers lose a player, through injury alone (*not penalties through yellow and red cards*) the opposition is to even-up at the next possible opportunity.

2.4 Where a side falls below the minimum numbers to continue a match, umpires and officials shall record the score, time of game and any other relevant information and send to the league to gain a final decision on the outcome of the game. The match will continue to its scheduled completion time.

3. **INTERCHANGE**

3.1 At the commencement of any match, a maximum of eight (8) interchange players from each competing team will be allowed. Should on field playing numbers decrease during a game, interchange numbers can increase in equal measure.

3.2 Players must interchange through designated interchange area.

**4. MATCH OFFICIALS**

4.1Officials required;

Team Coach (Accredited) All age groups

Team Manager All age groups

Trainer (Accredited) All age groups

Water Carrier All age groups

Runner All age groups

Timekeeper All age groups

Boundary Umpire All age groups (except Under 10/12)

Goal Umpire All age groups

Umpires Escort All age groups

4.2 Each team shall be permitted no more than four (4) non-playing officials on the bench during matches;

Coaches and officials must remain in the designated interchange area when coaching from the bench, to keep a clear path for the boundary umpire to pass.

4.3 Each team shall be permitted a maximum of three (3) persons to perform each duty of water carriers and trainers. A team may have no more than a combined total of six trainers and water carriers.

Trainers can be positioned inside the teams’ bench when actively treating a player. Once treatment is complete the trainer must move back to the designated boxes around the ground should the number of non-playing officials exceed four.

4.4 Each club must provide at least one accredited trainer at all ERGFL games. A minimum of Sports Medicine Australia Level One accreditation is required to comply with this; No person shall be permitted by any club to perform the duties of trainer in any official ERGFL games unless such trainer has a current accreditation. A minimum of Sports Medicine Australia Sports First Aid accreditation is required.

A trainer may only enter the playing surface to attend to an injured player and must not perform the duties of a drink carrier or runner.

4.5 Drink carriers may only deliver drinks to players while a set shot for goal is in progress, after a goal has been scored or when the ball is at the opposite end of the ground.

* Drink carriers must not perform the duties of a runner, must not be based near or out of the coaches’ box/area, and must be stationed in the designated area where the boundary line intersects with the 50m arc.
* Drink carriers must be a minimum of twelve (12) years of age (In Competitive Age groups). The maximum age of drink carriers is eighteen (18) years of age – In All Age Groups.

**5. TEAM LISTS**

5.1 All teams must hand a signed team sheet to the officiating umpire prior to the commencement of the second half.

* All participating players and officials must sign the team sheet.
* All players listed on the team sheet must be registered and permitted to the ERGFL database.

**6. FINALS QUALIFICATION**

6.1 A player must play a minimum of three (3) home and away matches in a division to qualify for finals.

6.2 The first team a player plays her fifth (5th) match in is the only team they can qualify for finals in.

6.3 Where a club fields more than one (1) team in the same age grade a player is permitted to move between teams, however:

* Once a player has played five (5) matches in the higher graded team, that player may not move to the lower graded team for the remainder of the season.
* Players in the lower rated team are free to move to the higher rated team during the first round of matches.
* The first team a player plays 5 games is the only team that player is eligible to represent in the finals series.
* Where a bye is fixture in the higher graded team, no player is permitted to move to the lower graded team during the week of the bye.
* If a club with multiple teams in one age group forfeits a match, the forfeit can only occur in the lower rated team.

6.4 Female players, should they meet the qualification criteria for both competitions. May qualify for finals in both female and mixed competitions.

**7. PERMITS**

7.1 Permits will only be considered for development players in the Under 18’s competition however all permits are granted on a case-by-case basis at the discretion of the league.

7.2 Permit players will be monitored during the season. The league reserves the right to rescind a permit at any time, if a permit player’s performance is seen to exceed what is reasonably expected from a development player.

7.3 Players are ineligible if:

- They have played in the TAC Cup

- Club is fielding a development women’s team

**8. ORDER OFF RULE**

* 1. Players in any grade may be ordered from the field by a field umpire and may be reported.
* Any player who receives a yellow card will be ordered from the field for a period of 15 minutes of playing time, with the time commencing once play has been resumed following the yellow card being issued. The offending player can be replaced.
* If a player receives a second yellow card in the same match, the offending player will be ordered off the ground for the remainder of the match. The field umpire shall signal to the Timekeepers the player’s second order off by holding up a red card.
* Time-keepers will record the order-off by noting the elapsed time of the quarter & the player may return once the penalty time has elapsed not including breaks. Timekeepers are to waive the, Hosting club provided, Red & Yellow flag to signal to the team benches that the send-off time has elapsed.

8.2 A coach or any official in the match may be issued a yellow or red card by an umpire. In such circumstance, the coach/official may not be involved in the game in any official capacity for the duration of penalty applicable to the yellow or red card.

8.3 Any player receiving more than one yellow card during the season will receive an automatic 1-week suspension.

**9. UNIFORM**

9.1 Clubs must adhere to the uniform by-laws of their affiliated league for club and team officials.

9.2 Players must wear club jumper, home shorts and club football socks at all games. No jewellery is to be worn under any circumstances. Taped jewellery is NOT allowed.

* Club jumpers must have either the logo of their affiliated league or the Eastern Region Girls competition logo.
* When a colour clash occurs, it is the responsibility of the away team to organise an alternate strip for the game.
* In all finals matches, it is the responsibility of the lower ranked side to organise an alternate strip for the game.

9.3 Runners must wear league approved tops and shorts/pants.

9.4 Drink Carriers and trainers are required to wear;  
Top: club polo and/or club jacket. Approved League drink carrier uniform  
Bottom: club tracksuit pants or club shorts.

**10.** **COACHES**

10.1 All Coaches are to hold a current coaching accreditation and comply with their affiliated leagues by laws.

**11. MODFIED GROUND SIZES (U10&U12).**

11.1 The Maximum ground field size for U10 & U12 games is: 120m x 80m.

**12. COMPETITION LADDERS**

12.1 4 Match Points will be awarded for H&A wins & Forfeits For. 2 Match Points awarded to each team for a Draw. Match Ratio may be used where uneven games are played. Scores will be recorded to assist with Grading. No Percentage will be used. To determine a finishing position where a TIE in

Points &/Or MR, please refer to the Tie Breaker rules which will be determined and distributed each season.

**13. TRIBUNALS AND APPEALS**

13.1 Refer to the Tribunal and Appeals procedures of their home competition

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Age Group | UNDER 10 | UNDER 12 | UNDER 14 | UNDER 16 | UNDER 18 |
| **Phase** | Introductory | Development | Competition | Competition | Competition |
| Ground Size | Max: 120m x 80m | Max: 120m x 80m | Full | Full | Full |
| Age Qualification | 1/1/2008 – 31/12/2010 | 1/1/2006 – 31/12/2007 | 1/1/2004 – 31/12/2005 | 1/1/2002 – 31/12/2003 | 1/1/2000 – 31/12/2001 |
| Maximum Player Lists | 24 | 24 | 26 | 26 | 26 |
| Players on Ground | Min:12 Max:16 | Min:12 Max:16 | Min: 14 Max: 18 | Min: 14 Max: 18 | Min: 14 Max: 18 |
| Players on Bench | 8 | 8 | 8 | 8 | 8 |
| Officials on Bench | 4 | 4 | 4 | 4 | 4 |
| Evening up Rule | ✔ | ✔ | ✔ | ✔ | ✔ |
| Ball | Size 3 (Synthetic) | Size 3 (Synthetic) | Size 3 (Leather) | Size 4 (Leather) | Size 4 (Leather) |
| Start Time | 10:05am | 10:05am | 11:25am | 12:55pm | 2:45pm |
| Quarter Duration | 10 | 10 | 15 | 17 | 17 |
| Break Duration (1/4-1/2-3/4) | 3-5-3 | 3-5-3 | 5-10-5 | 5-10-5 | 5-10-5 |
| Scoring/Results/ Ladders | ✔ *(Not published)* | ✔ (Top 5) | ✔ (Top 5) | ✔ (Top 5) | ✔ (Top 5) |
| Finals | 🗙 | 4 Week – Top 5 | 4 Week – Top 5 | 4 Week – Top 5 | 4 Week – Top 5 |
| Umpires | Field: 1 (EFL/ AFLYR)  Boundary: 0  Goal: 0 | Field: 1 (EFL/ AFLYR)  Boundary: 0  Goal: 2 | Field: 1 (EFL/ AFLYR)  Boundary: 0  Goal: 2 | Field: 1 (EFL/ AFLYR)  Boundary: 2  Goal: 2 | Field: 1 (EFL/ AFLYR)  Boundary: 2  Goal: 2 |
| Tackling/ Bumping | 🗙 | ✔ | ✔ | ✔ | ✔ |
| Barging/ Stealing | 🗙 | ✔ | ✔ | ✔ | ✔ |
| Yellow Card | 15 Mins – Can be replaced | 15 Mins – Can be replaced | 15 Mins – Can be replaced | 15 Mins – Can be replaced | 15 Mins – Can be replaced |
| Red Card | Remainder – can be replaced | Remainder – can be replaced | Remainder – can be replaced | Remainder – can be replaced | Remainder – can be replaced |
| Shepherding | 🗙 | ✔ | ✔ | ✔ | ✔ |
| Bouncing | 1 max | 1 max | ✔ | ✔ | ✔ |
| Deliberate kick off the Ground | 🗙 | 🗙 (No accidental Score) | 🗙 (No accidental Score) | ✔ | ✔ |
| Marking | Any distance | No less than 5m | ✔ | ✔ | ✔ |
| Playing on | 🗙 | 🗙 | ✔ | ✔ | ✔ |
| Advantage | 🗙 | 🗙 | ✔ | ✔ | ✔ |
| Ball-ups | 2 opponents’ Same height/ Must tap | ✔ | ✔ | ✔ | ✔ |
| Throw-ins | Free kick against last touch | Free kick against last touch | Free kick against last touch | ✔ | ✔ |
| Behind Scored | Ball returned to centre | Kick-in | Kick-in | Kick-in | Kick-in |
| Penalty Distance (m) |  |  | 25 | 25 | 25 |